

Charity Fun Run

Saturday 3rd June 2017 10:00

Starting at All Saints Church Hall, Sapcote, LE9 4FG

Calling all runners (and walkers!)

The 6th Charity Fun Run organised by **Churches Together in Sapcote and Sharnford** will commence at 10:00 a.m. on Saturday 3rd June. **This year's run is being held as part of the Sapcote Summer Fayre.**

Last year's event raised £614 for two charities, so we thought it would be great to hold the run again! The Fun Run is a low-key (no pressure) running or walking event. The route chosen uses the bridleway between Sapcote and Sharnford (there and back) and avoids main roads.

It is open to all ages, however those under 16 years must be registered at the registration desk by a parent or guardian and must also be accompanied by a responsible adult.

The charities we are supporting are **TearFund, Cancer Research UK** and **Parkinson's UK.**

If you would like to get sponsors, you can download a sponsorship form at:
www.allsaintschurchsapcote.co.uk or contact Dave Harrold at daverharrold@aol.com

The run is a relatively short 4.5km (2.8miles). The way will be clearly marked with signs and there will be marshals along the way. The event is not a race – everyone can go at their own pace! **Why not come and join the fun! The run will again be started to the sound of the Post Horn Galop played by Leicester City's very own trumpeter, Paul Hing.**

Local "Community First Responder" first aiders will be in attendance.

We are charging an entrance fee of £5.00 per person, registration at the desk on the day (desk opens at 9:30). The fee will cover administration costs – all profits will be passed to the charities.

Health

You must not run the race against medical advice. If you have an existing medical condition please notify the race organiser or First Aid Provider before the start. You run the race on your own accord and no liability is accepted by the race organisers.

If you would like to find out more, please Email details (preferred) or phone:

Dave Harrold at daverharrold@aol.com

07786985932

or:

Karen Smith at karensmith59@btinternet.com

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